

# THE MASON'S ARMS

## Menu with wheat and gluten information

Please let a team member know if you have any dietary requirements or allergies.\*

### STARTERS

- Roasted Courgettes Marinated in Rapeseed Oil and Herbs** sweet and sour peppers, toasted pecan pieces. (vg) £6.00  
- Non-gluten ingredients.
- Sautéed Woodland Mushrooms** pastry fingers, mushroom velouté, chestnut cream. (v) £7.00 - Contains wheat. Non-gluten option.
- Masons Breaded Fishcakes** lemon and dill mayonnaise, house dressed mixed leaves. £7.00 - Contains wheat.
- Deep-Fried Crispy Squid** our own sweet chilli dip, lemon wedge and house dressed mixed leaves. £7.00 - Contains wheat.
- Chicken Liver Parfait** warm toast, house-dressed mixed leaves, cranberry and red onion chutney. £7.00  
- Contains wheat. Non-gluten option.
- Braised Pork Cheeks** grilled black pudding, potato pancake, cider gravy. £7.00 - Contains wheat.

### MAINS

- Beef and Gem Ale Pie** (vegan pie available) creamy mash potato, garden peas and a pot of our own gravy. £16.00 - Contains wheat.
- 8oz Sirloin Steak** twice-cooked chunky chips, grilled field mushrooms, roasted tomato with herbs, butter and rocket. £24.00  
- Non-gluten ingredients.
- Hand-Pressed Beef Burger** crisp lettuce, our own orange barbecue sauce, Cheddar cheese and a red cabbage slaw on homemade bread. £14.50 - Contains wheat. Non-gluten option.
- Pan Fried Fillet of Sea Bass** leek and garden pea risotto, lemon and dill, soured samphire. £16.00 - Non-gluten ingredients.
- Roasted Supreme of Salmon** warm salad of potato, spinach, beans, tomato, red onion and anchovy topped with smoked butter. £16.00 - Non-gluten ingredients.
- Atlantic Cod Deep-Fried in Tribute Ale Batter** twice-cooked chips, mushy peas and homemade tartare sauce. £15.00  
- Contains wheat. Non-gluten option.
- Braised Belly of Pork** rösti potato, buttered green cabbage, roasted carrots, apple jelly, roasted apple, cider gravy. £16.00  
- Non-gluten ingredients.
- Green Thai Vegetable Curry** vegetables and potato in our Thai green curry sauce with a coconut flatbread. (v/vgo) £14.00  
- Contains wheat. Non-gluten option.
- Grilled Halloumi** mashed potato, cannelloni bean casserole with peppers, red onion and tomato with a balsamic glaze. (v/vgo) £14.00  
- Non-gluten ingredients.

### DESSERTS

- Dark Chocolate and Rum Torte** chocolate crisp finger, raspberry sauce, vanilla ice cream. (v) £7.00 - Contains wheat.
- Sticky Toffee Pudding** toffee sauce, Cornish clotted cream and honeycomb. (v) £7.00 - Contains wheat.
- Classic Crème Brûlée** fruit & nut flapjack. (v) £7.00  
- Contains wheat. Non-gluten option.
- Brewer & Bean Latte Panna Cotta** salted caramel shard, shortbread biscuit, sweetened whipped cream and chocolate shards. (v) £7.00 - Non-gluten ingredients.
- West Country Cheese Board** Cornish Blue, Cornish Camembert, Double Devonshire, Semi-Mature Cornish Gouda; served with a selection of biscuits, locally made chutney and grapes. £9.00 - Contains wheat.

### SANDWICHES AND WRAPS

Available 12-5pm. Choose from white or granary bread, with house dressed salad and coleslaw. (\*subject to availability.)

- Mature Cheddar and Chutney** £7.50
- Home Cooked Glazed Ham and English Mustard** £8.00
- Devon Crab and Rocket\*** £14.50
- Roast Beef and Horseradish\*** £9.50  
- All contain wheat.

### SIDES

- Chips (vg) £4.00 / Fries (vg) £4.00 /  
Cheesy Fries/Chips (v/vgo) £4.50 /  
Seasonal Vegetables (vg) £4.00 / Salad (vgo) £3.50 /  
New Potatoes (vg) £4.00 / Peppercorn Sauce £3.50  
- All non-gluten ingredients.
- Invisible Chips - 0% Fat, 100% Hospitality £2.00\*\*

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.

\*Information about all other allergens is recorded and available upon request.  
Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

\*\*All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit [hospitalityaction.org.uk](https://hospitalityaction.org.uk) for more details.